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ABSTRACT Electricity supply in health centres is very imperative; a cut in electricity could lead to the degeneration of a patient’s health or result in the death of a patient or may compromise surgical procedures. The essence therefore of this study is to examine the effect of load shedding on community health centres in South Africa. A desktop method was used in gathering information, while it was analysed using a combination of content analysis, narrative analysis and themes analysis. It emphasizes that load shedding has caused a lot of damages ranging from the loss of 150 lives in hospital, to poor sanitation, and to interrupted water supply. In conclusion, the prevailing circumstance of load shedding have crippled the health sector and has resulted in pandemonium in the public health sector leading to social, economic and infrastructural quagmires and negative growth to South Africa.